

WHAT IS CLAIMED IS:

1. A communication system for managing electronic messages, comprising:

means for retrievably storing a message;

means for retrieving said message;

means for transmitting said message to a user; and

a motion detector for detecting the presence of a user,
wherein said means for retrievably storing said message, said
means for retrieving said message and said means for transmitting
said message to a user are in communication with said motion
detector, and wherein when said motion detector detects the
presence of a user, said motion detector communicates the
presence and activates said means for transmitting said message.

2. A method of managing electronic messages, comprising
the steps of:

a. retrievably storing a message;

b. detecting the presence of a user; and

c. transmitting said message to the user.